



Ingredient List and Nutritional Information

Sea Salt

Ingredients:

Potatoes, Sunflower Oil, Sea Salt

	per 100g	Per 25g	per 35g	per 50g
Energy	2035kj 488kcal	509kj 122kj	712kj 171kcal	1018kj 244kcal
Protein	5.6g	1.4g	2.0g	2.8g
Carbohydrate	53.3g	13.3g	18.7g	26.6g
of which sugars	0.4g	0.1g	0.1g	0.2g
Fat	30g	7.5g	10.5g	15g
of which saturates	3.7g	0.95g	1.3g	1.9g
Fibre	4.5g	1.2g	1.6g	2.3g
Sodium	0.5g	0.13g	0.2g	0.25g
Salt	1.3g	0.35g	0.5g	0.7g

Allergens: None
Suitable for: Vegetarians

Strong Cheese & Onion

Ingredients:

Potatoes, Sunflower Oil, Strong Cheese & Onion Flavour (Salt, Onion Powder, Rusk, Whey Powder (Milk), Dextrose, Wheat Flour, Flavour Enhancer: Monosodium Glutamate, Flavourings, Garlic Powder, Acidity Regulator: Citric Acid)

	per 100g	per 25g	per 35g	per 50g
Energy	1933kj 541kcal	488kj 135kcal	677kj 189kcal	976kj 270kcal
Protein	6.1g	1.5g	2.1g	3.1g
Carbohydrate	53.9g	13.5g	18.9g	27.0g
of which sugars	2.6g	0.65g	0.9g	1.3g
Fat	28.3g	7g	9.9g	14.1g
of which saturates	3.5g	0.85g	1.2g	1.7g
Fibre	4.7g	1.2g	1.6g	2.3g
Sodium	0.8g	0.2g	0.3g	0.4g
Salt	2.0g	0.5g	0.7g	1.0g

Allergens: Contains Wheat, Gluten and Milk
Suitable for: Vegetarians

Ham & English Mustard

Ingredients:

Potatoes, Sunflower Oil, Ham & English Mustard Flavour (Dextrose, Yeast Extract Powder, Salt, Sugar, Lactose (from Milk), Flavourings, Onion Powder, Colour: Paprika Extract, Citric Acid, Spice Extract).

	per 100g	per 25g	per 35g	per 50g
Energy	1994kj 477kcal	499kj 120kcal	697kj 167kcal	997kj 239kcal
Protein	6.2g	1.6g	2.2g	3.1g
Carbohydrate	53.9g	13.5g	18.9g	27g
of which sugars	3.9g	1.0g	1.4g	2.0g
Fat	28.2g	7g	9.9g	14.1g
of which saturates	3.4g	0.9g	1.2g	1.7g
Fibre	4.2g	1g	1.5g	2.1g
Sodium	0.8g	0.2g	0.3g	0.4g
Salt	1.9g	0.5g	0.7g	1.0g

Allergens: Contains Milk
Suitable for: Vegetarians

Sea Salt & Black Pepper

Ingredients:

Potatoes, Sunflower Oil, Sea Salt & Black Pepper Flavour (Potato Starch, Sea Salt, Maltodextrin, Spices (Ground Black Pepper), Autolysed Yeast Powder, Spray Dried Palm Fat (Milk), Salt, Sugar, Natural Flavourings, Yeast Powder (Wheat), Sunflower Oil).

	per 100g	per 25g	per 35g	per 50g
Energy	1999kj 480kcal	500kj 120kj	700kj 168kcal	1000kj 240kcal
Protein	5.7g	1.5g	2g	2.9g
Carbohydrate	53.8g	13.5g	18.8g	26.9g
of which sugars	0.8g	0.2g	0.3g	0.4g
Fat	28.6g	7.2g	10g	14.3g
of which saturates	3.6g	0.9g	1.3g	1.9g
Fibre	4.5g	1.2g	1.6g	2.3g
Sodium	0.86g	0.22g	0.3g	0.43g
Salt	1.9g	0.5g	0.6g	1.0g

Allergens: Contains Milk, Wheat & Gluten.
Suitable for: Vegetarians

Sea Salt & Malt Vinegar

Ingredients:

Potatoes, Sunflower Oil, Salt and Malt Vinegar Flavour (Acidity Regulator: Sodium Acetate, Dextrose, Maltodextrin, Salt, Lactose (Milk), Flavourings, Flavour Enhancer: Monosodium Glutamate, Citric Acid, Yeast Extract, Sunflower Oil).

	per 100g	per 25g	per 35g	per 50g
Energy	1997kj 478kcal	500kj 119kcal	699kj 167kcal	999kj 238kcal
Protein	5.6g	1.4g	2.0g	2.8g
Carbohydrate	54.6g	13.7g	19.1g	27.3g
of which sugars	2.9g	0.8g	1.0g	1.5g
Fat	29.2g	7g	9.9g	14.1g
of which saturates	3.4g	0.9g	1.2g	1.7g
Fibre	4.2g	1.1g	1.5g	2.1g
Sodium	0.81g	0.2g	0.28g	0.41g
Salt	1.7g	0.45g	0.6g	0.9g

Allergens: Contains Milk
Suitable for: Vegetarians

Roast Ox

Ingredients:

Potatoes, Sunflower Oil, Roast Ox Flavour (Hydrolysed Soya Protein, Salt, Sugar, Wheat Flour, Lactose (Milk), Flavour Enhancer: Monosodium Glutamate, Autolysed Yeast Extract Powder, Yeast Powder, Onion Powder, Flavourings (Celery), Acidity Regulator: Sodium Diacetate, Spice Extracts, Garlic Powder, Colour: Paprika Extract).

	per 100g	per 25g	per 35g	per 50g
Energy	1979kj 474kcal	495kj 119kcal	693kj 166kcal	990kj 237kcal
Protein	6.4g	1.6g	2.2g	3.2g
Carbohydrate	52.9g	13.3g	18.5g	26.5g
of which sugars	1.8g	0.5g	0.6g	0.9g
Fat	28.2g	7.1g	9.9g	14.1g
of which saturates	3.4g	0.9g	1.2g	1.7g
Fibre	4.3g	1.1g	1.5g	2.2g
Sodium	1.0g	0.25g	0.4g	0.5g
Salt	2.5g	0.65g	0.9g	1.3g

Allergens: Contains Soya, Wheat, Gluten, Milk and Celery
Suitable for: Vegetarians

Sweet Chilli (with added sugar and sweetener)

Ingredients:

Potatoes, Sunflower Oil, Sweet Chilli Flavour (Salt, Sugar, Vegetarian Whey Powder, Buttermilk Powder, Tomato Powder, Ground Cayenne, Red Pepper Powder, Sodium Diacetate, Garlic Powder, Onion Powder, Ground Ginger, Flavouring, Acidity Regulator: Citric Acid, Malic Acid, Rubbed Parsley, Flavour Enhancer: Sodium Ribonucleotides, Tartaric Acid, Colour: Paprika Extract, Ground Star Anise, Jalapeno Pepper Powder, Basil, Ground Fennel, Aspartame, Ground Cloves, Ground Cinnamon).

	per 100g	per 25g	per 35g	per 50g
Energy	1999kj 479kcal	500kj 120kcal	700kj 167kcal	1000kj 240kcal
Protein	5.7g	1.5g	2.0g	2.9g
Carbohydrate	54.5g	13.7g	19.1g	27.3g
of which sugars	3.6g	0.9g	1.3g	1.8g
Fat	28.3g	7.1g	9.9g	14.2g
of which saturates	3.4g	0.9g	1.2g	1.7g
Fibre	4.5g	1.2g	1.6g	2.3g
Sodium	0.7g	0.18g	0.2g	0.35g
Salt	1.7g	0.45g	0.6g	0.9g

Allergens: Contains a source of Phenylalanine, Milk
Suitable for: Vegetarians

Jalapeno Pepper

Ingredients:

Potatoes, Sunflower Oil, Jalapeno Pepper Flavour (Salt, Yeast Extract Powder, Wheat Flour, Onion Powder, Tomato Powder, Chilli Powder, Yeast Powder, Sugar, Garlic Powder, Natural Flavourings, Spice, Malt Vinegar Powder, Colour: Paprika, Turmeric, Herb).

	per 100g	per 25g	per 35g	per 50g
Energy	1930kj 527kcal	483kj 132kcal	676kj 184kcal	965kj 263kcal
Protein	6.4g	1.6g	2.2g	3.2g
Carbohydrate	52.7g	13.2g	18.5g	26.4g
of which sugars	1.4g	0.4g	0.5g	0.7g
Fat	28.3g	7.1g	9.9g	14.2g
of which saturates	3.5g	0.9g	1.2g	1.7g
Fibre	4.5g	1.2g	1.6g	2.3g
Sodium	0.9g	0.25g	0.35g	0.49g
Salt	2.2g	0.55g	0.8g	1.1g

Allergens: Contains Wheat & Gluten
Suitable for: Vegetarians